



For Release
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Dr. Patricia Gomez Dinger of Advanced Allergy Conducts First Peanut OIT Treatment

It is with great hope, for the many families who live with a peanut allergy, that Dr. Patricia Gomez Dinger, of Advanced Allergy, Asthma, and Immunology with offices in Stone Oak and Schertz, announces the use of Peanut Desensitization, or Peanut OIT, to treat two young San Antonio patients. Dr. Gomez Dinger is the first physician to conduct Peanut Oral Immunotherapy in South Texas.

“To be a parent dealing with a potentially fatal food allergy is unimaginable for those of us who do not have it, but I see it everyday,” said Dr. Gomez Dinger. She continued, “To be able to offer a treatment that takes away that fear – I can tell you as a physician and as a mom myself – that is priceless,” said Dr. Dinger.

This week, Dr. Gomez Dinger will enter week eight of the OIT treatment with the two eight-year-old boys. The patients are administered the increased peanut doses in Dr. Dinger’s Stone Oak office, connected to North Central Baptist hospital. Dr. Gomez Dinger studied the OIT protocol for nearly two years, before deciding to move forward with the treatment.

“Hearing the responses of parents whose children had graduated from Peanut OIT Treatment in cities outside of San Antonio and are now eating peanut, combined with the fact that my office is connected to the hospital and is able to handle the risks associated with the treatment, makes it the optimal situation,” said Dr. Gomez Dinger.

Peanut Oral Immunotherapy introduces a specific amount of peanut allergen to a patient over an extended period of time. The goal of the treatment is to safely allow the patient to be around or eat peanut without having an allergic reaction. Like with any form of desensitization, there is risk for anaphylaxis. Peanut OIT is not yet FDA approved.

At this point, Dr. Gomez Dinger is not scheduling any additional Peanut OIT treatments. Her office, is, however compiling a list of interested patients. To be added to that list, call 210-499-ITCH.